Studio name _____

Waxing and sugaring consent

This takes about two minutes. Your answers go to your studio, and your esthetician reads them before your appointment.

About you

Your name
First name

Last name

Date of birth (MM/DD/YYYY)

Mobile phone

Email

Your visit

Areas to be waxed

☐ Brows ☐ Upper lip ☐ Chin ☐ Full face ☐ Nose ☐ Underarms ☐ Half arm ☐ Full arm
☐ Half leg ☐ Full leg ☐ Stomach ☐ Back ☐ Chest ☐ Bikini line ☐ Full bikini ☐ Brazilian
☐ Buttocks

Wax or sugar?

☐ Wax ☐ Sugaring ☐ Whatever the studio suggests

Is this your first wax or sugaring on these areas?

☐ Yes ☐ No

Health questions

These questions are the studio's own policy. They help your esthetician plan a safe appointment. They aren't medical advice: if you have a question about your health or your medicines, ask your doctor.

Have you used retinol, a prescription retinoid (such as tretinoin, adapalene or tazarotene) or an exfoliating acid on the areas you're having waxed in the last 7 days?

☐ Yes ☐ No

Which product, and when did you last use it?

Have you taken isotretinoin (Accutane or a similar acne medicine) in the last 6 months?

☐ Yes ☐ No

When did you stop?

Do you use a prescription cream on the area (such as a steroid or acne cream), or take a medicine that makes your skin sensitive, such as some antibiotics?

☐ Yes ☐ No

Which ones?

Have you had a chemical peel, microneedling, laser, waxing or another skin treatment on the areas you're having waxed in the last 14 days?

☐ Yes ☐ No

Which treatment, and when?

Is the area sunburned, or have you tanned it (sun, tanning bed or self-tanner) in the last few days?

☐ Yes ☐ No

Do you have a skin condition on or near the areas you're having waxed, such as eczema, psoriasis, rosacea, dermatitis or an open cut or rash?

☐ Yes ☐ No

What is it?

Are you allergic to pine resin (rosin), honey, beeswax, lemon, latex or any skincare product?

☐ Yes ☐ No

Which ones, and what happened?

Do you have diabetes, or a condition that affects your circulation or how your skin heals?

☐ Yes ☐ No

Tell us a little more.

When did you last shave, wax or use hair removal cream on the area?

Do you have varicose veins, or have you had a blood clot, in an area you're having waxed?

☐ Yes ☐ No

Which area?

Are you pregnant or nursing?

☐ Yes ☐ No

Anything else your esthetician should know about your health?

What you agree to

What to expect

Wax or sugar paste is spread on the skin and pulled off to remove the hair. It stings for a moment. Redness, small bumps and tenderness are common for a day or two.

Initials

Risks

Hair removal can lift or bruise the skin, cause a burn from warm wax, ingrown hairs, breakouts or an allergic reaction, and the risk is higher on thin or sensitive skin. Retinoids, isotretinoin and some other medicines make lifting more likely, which is why the studio asks about them. If my skin reacts I'll contact the studio, and my doctor for a medical concern.

Initials

My answers

I answered the health questions truthfully. I'll tell my esthetician before my appointment if anything changes.

Initials

Stopping

I can ask my esthetician to stop at any time, and my esthetician may stop or change the service if my skin reacts.

Initials

Appointment policy

Please give the studio at least 24 hours' notice to move or cancel your appointment. Arriving late may shorten your appointment so the next client starts on time.

Initials

the studio uses your health answers only to do your appointment safely and to keep the records the law requires. They are never used for marketing or sold. They are stored encrypted, and every time someone at the studio opens them it is logged.

Your signature

Date

Printed name

For the studio only (For the studio)

Visit notes

Method used

☐ Hard wax ☐ Soft wax with strips ☐ Sugar paste ☐ More than one

Areas done

☐ Brows ☐ Upper lip ☐ Chin ☐ Full face ☐ Nose ☐ Underarms ☐ Half arm ☐ Full arm

☐ Half leg ☐ Full leg ☐ Stomach ☐ Back ☐ Chest ☐ Bikini line ☐ Full bikini ☐ Brazilian

☐ Buttocks

Skin after

☐ Calm ☐ Some redness ☐ Skin lifted or bruised ☐ Reaction