Studio name _____

Waxing aftercare instructions

After your wax or sugaring

These are your studio's care steps. If your esthetician told you something different, follow your esthetician.

- For the first 24 hours skip hot showers, saunas, hot tubs, swimming, heavy workouts and tanning. The studio sets this time.
- Wear loose clothing over the area for the first day.
- Don't touch, pick or scratch the area.
- After 48 hours, exfoliate gently a few times a week to help with ingrown hairs.
- Use sunscreen on waxed skin that's out in the sun.
- Between visits, let the hair grow instead of shaving, so the next wax grips well.

If something looks or feels wrong, contact the studio. For a medical concern, contact your doctor.